

MUNDELEIN PEDIATRICS

1 Month Well Exam

Name: _____ DOB: ____/____/____ Today's Date: ____/____/____

Please circle the answer that most appropriately describes your child:

- 1. Breastfeeding: Yes/No Concerns: _____
2. Formula feeding: Yes/No Concerns: _____
3. Awakens at night to feed: Yes/No Concerns: _____
4. Excessive spitting or vomiting: Yes/No Concerns: _____
5. Urinating well: Yes/No Concerns: _____
6. Normal bowel movements: Yes/No Concerns: _____
7. Sleeps on back: Yes/No Concerns: _____
8. Rides in a rear-facing car seat in the back seat: Yes/No
9. Takes vitamins: Yes/No Product name: _____
10. Emergency room visits: Yes/No _____
11. Illness since last visit: _____
12. Developmentally: follows moving objects with eyes, begins to smile, equal movements of all extremities, holds head up momentarily when on tummy

Please circle the answer that most appropriately describes your home environment:

- 1. Smoke-free home and car: Yes/No
2. Parent smokes outside: Yes/No Mom/Dad/Sibling/Relative/Babysitter
3. Daycare: None/Relative/Center/Babysitter
4. Primary care taker: Mom/Dad/Grandparents
5. Household composition:
Adult(Names/Ages): _____
Children(Names/Ages): _____
6. New health problems in parents or siblings: _____
7. Past vaccine reactions: Yes/No
8. Sibling rivalry: Yes/No
9. Post-partum depression in mom (crying a lot, sad, depressed): Yes/No

Do you have any other concerns you wish to discuss? Yes/No

